

Lent 3
Sunday 8th March 2026
Parish Eucharist
St Anne's Mass – MacMillan

Processional Hymn

**Praise the Lord! ye heavens, adore him;
praise him, angels, in the height;
sun and moon, rejoice before him,
praise him, all ye stars and light:
Praise the Lord! for he has spoken,
worlds his mighty voice obeyed;
laws, which never shall be broken,
for their guidance he has made.**

**Praise the Lord! for he is glorious;
never shall his promise fail;
God has made his saints victorious,
sin and death shall not prevail.
Praise the God of our salvation;
hosts on high, his power proclaim;
heaven and earth and all creation,
laud and magnify his name!**

**Worship, honour, glory, blessing,
Lord, we offer to thy name;
young and old, thy praise expressing,
join their Saviour to proclaim.
As the saints in heaven adore thee,
we would bow before thy throne;
as thine angels serve before thee,
so on earth thy will be done.**

Introduction

In the name of the Father, and of the Son, and of the Holy Spirit,
Amen.

The Lord be with you
and also with you.

The congregation sits and the president introduces the theme of the service. The children leave for their groups.

Prayer of Preparation

We pray together:

**Faithful one, whose word is life:
come with saving power to free our praise,
inspire our prayer and shape our lives
for the kingdom of your Son, Jesus Christ our Lord.
Amen.**

Prayers of Penitence

introduced by the Deacon

Our Lord Jesus Christ said:
The first commandment is this:
'Hear, O Israel, the Lord your God is the only Lord.
You shall love the Lord your God with all your heart,
with all your soul, with all your mind, and with all your strength.'
The second is this: 'Love your neighbour as yourself.'
There is no other commandment greater than these.
On these two commandments hang all the law and the prophets.
Amen. Lord, have mercy.

The sacrifice of God is a broken spirit; a broken and contrite heart
God will not despise. Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

The prayer continues and we all respond:

**Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought, in what we have said and done,
through ignorance, through weakness, through our own deliberate fault.
We have wounded your love and marred your image in us.
We are sorry and ashamed, and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past; and lead us out from darkness
to walk as children of light.
Amen.**

*Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.*

Absolution

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.
Amen.

The Collect

Almighty God,
whose most dear Son went not up to joy but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord, who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and forever. **Amen.**

THE LITURGY OF THE WORD

Reading *Exodus 17:1-7*

At the end the reader may say:

For the word of the Lord.

Thanks be to God.

Gradual Hymn

please stand

**We sing the praise of him who died,
of him who died upon the cross;
the sinner's hope let men deride,
for this we count the world but loss.**

**Inscribed upon the cross we see
in shining letters, 'God is love;'
he bears our sins upon the tree;
he brings us mercy from above.**

**The balm of life, the cure of woe,
the measure and the pledge of love,
the sinner's refuge here below,
the angels' theme in heaven above.**

Gospel Reading **John 4: 5-42**

We all stand and turn to face the Deacon as the gospel is read.

Praise to you, O Christ, King of eternal Glory.

A sentence from scripture is sung and we all respond:

Praise to you, O Christ, King of eternal Glory.

Hear the Gospel of our Lord Jesus Christ according to N.

Glory to you, O Lord.

at the end:

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

please sit

The Creed

please stand

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father; through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

please sit

Lord, in your mercy
hear our prayer.

At the end:

Most merciful Father,
**accept these prayers for the sake of your Son, our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

The Peace

please stand

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

*The children return from their groups and invite us to share a sign of peace.
Let us offer one another a sign of peace.*

Offertory Hymn

A collection plate will be passed around during this hymn. Alternatively, please use our contactless card reader in the entrance lobby, or the QR code



**There's a wideness in God's mercy
like the wideness of the sea;
there's a kindness in his justice
which is more than liberty.
There is no place where earth's sorrows
are more felt than up in heaven;
there is no place where earth's failings
have such kindly judgement given.**

**For the love of God is broader
than the measure of our mind;
and the heart of the Eternal
is most wonderfully kind.
But we make his love too narrow
by false limits of our own;
and we magnify his strictness
with a zeal he would not own.**

**There is plentiful redemption
through the blood that has been shed;
there is joy for all the members
in the sorrows of the Head.
There is grace enough for thousands
Of new worlds as great as this;
There is room for fresh creations
In that upper home of bliss.**

**If our love were but more simple,
we should take him at his word;
and our lives would be all gladness
in the joy of Christ our Lord.**

Look upon us in mercy not in judgement;
draw us from hatred to love;
make the frailty of our praise a dwelling place for your glory.
Amen.

The children preparing for their Holy Communion come to the altar.

The Eucharistic Prayer *please stand*

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

The president praises God for his mighty acts.

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The prayer continues and ends with praise to God to which everyone responds:

Amen.

The Lord's Prayer

please sit

As our Saviour taught us, so we pray:

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

Giving of Communion

The president says:

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The Communion

If you would like to receive Communion you are very welcome to do so here. If you do not normally have Communion but would like a blessing, please come up to the altar holding this service book as a sign. A sidesperson will show you when to come up.

During Lent there is an opportunity to receive a prayer for wholeness and healing after you have received Communion. This is available in the Lady Chapel.

Anthem

please sit

Like as the hart - Howells

Prayer after Communion

silence is kept

Merciful Lord,

grant your people grace to withstand the temptations of the world,
the flesh and the devil, and with pure hearts and minds to follow you,
the only God; through Jesus Christ our Lord.

Amen.

We pray together:

**Father of all, we give you thanks and praise,
that when we were still far off you met us in your Son
and brought us home.**

**Dying and living, he declared your love,
gave us grace, and opened the gate of glory.**

**May we who share in Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.**

**Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

The Notices and Banns of Marriage

please sit

The Blessing

please stand

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty, the Father, the Son and
the Holy Spirit, be among you and remain with you always.

Amen.

Recessional Hymn

**All for Jesus! all for Jesus!
This our song shall ever be;
for we have no hope nor Saviour
if we have not hope in thee.**

**All for Jesus! thou wilt give us
strength to serve thee hour by hour:
none can move us from thy presence
while we trust thy love and power.**

**All for Jesus! at thine altar
thou dost give us sweet content;
there, dear Saviour, we receive thee
in thy holy sacrament.**

**All for Jesus! thou hast loved us,
All for Jesus! thou hast died,
All for Jesus! thou art with us,
All for Jesus, glorified!**

**All for Jesus! All for Jesus!
This the Church's song shall be,
till at last the flock is gathered
one in love and one in thee.**

Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Organ Voluntary

Four little pieces for Perrin – O'Brien

Please stay and join us for refreshments!
This evening's service is Taizé at 18.30