

## COLLECT

Almighty Father,  
whose will is to restore all things  
in your beloved Son, the King of  
all:  
govern the hearts and minds of  
those in authority,  
and bring the families of the  
nations,  
divided and torn apart by the  
ravages of sin,  
to be subject to his just and  
gentle rule;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING

**Jonah 3:1-5. 10**

*A reading from the book of Jonah.*  
The word of the LORD came to  
Jonah, saying, "Get up, go to  
Nineveh, that great city, and  
proclaim to it the message that  
I tell you." So Jonah set out and  
went to Nineveh, according to the  
word of the LORD. Now Nineveh  
was an exceedingly large city, a  
three days' walk across. Jonah  
began to go into the city, going  
a day's walk. And he cried out,  
"Forty days more, and Nineveh  
shall be overthrown!" And the  
people of Nineveh believed  
God; they proclaimed a fast, and  
everyone, great and small, put on  
sackcloth. When God saw what  
they did, how they turned from  
their evil ways, God changed his  
mind about the calamity that he  
had said he would bring upon  
them; and he did not do it.

## PSALM Psalm 62:5-end

**R** Wait on God alone in stillness,  
O my soul.

Wait on God alone in stillness,  
O my soul;  
for in him is my hope.  
He alone is my rock and my  
salvation,

my stronghold, so that I shall not  
be shaken.  
In God is my strength and my glory;  
God is my strong rock; in him is  
my refuge. **R**

Put your trust in him always, my  
people;  
pour out your hearts before him,  
for God is our refuge.  
The peoples are but a breath, the  
whole human race a deceit;  
on the scales they are altogether  
lighter than air.  
Put no trust in oppression; in  
robbery take no empty pride;  
though wealth increase, set not  
your heart upon it. **R**

God spoke once, and twice have I  
heard the same,  
that power belongs to God.  
Steadfast love belongs to you,  
O Lord,  
for you repay everyone according  
to their deeds. **R**

## SECOND READING

**Hebrews 9:24-28**

*A reading from the letter to the  
Hebrews.*  
Christ did not enter a sanctuary  
made by human hands, a mere  
copy of the true one, but he  
entered into heaven itself, now  
to appear in the presence of God  
on our behalf. Nor was it to offer  
himself again and again, as the  
high priest enters the Holy Place  
year after year with blood that is  
not his own; for then he would  
have had to suffer again and again  
since the foundation of the world.  
But as it is, he has appeared once  
for all at the end of the age to  
remove sin by the sacrifice of  
himself. And just as it is appointed  
for mortals to die once, and after  
that the judgement, so Christ,  
having been offered once to bear  
the sins of many, will appear a  
second time, not to deal with sin,

but to save those who are eagerly  
waiting for him.

## GOSPEL Mark 1:14-20

*Hear the gospel of our Lord Jesus  
Christ according to Mark.*

After John was arrested, Jesus  
came to Galilee, proclaiming the  
good news of God, and saying,  
"The time is fulfilled, and the  
kingdom of God has come near;  
repent, and believe in the good  
news." As Jesus passed along  
the Sea of Galilee, he saw Simon  
and his brother Andrew casting  
a net into the lake – for they  
were fishermen. And Jesus said  
to them, "Follow me and I will  
make you fish for people." And  
immediately they left their nets  
and followed him. As he went a  
little farther, he saw James son  
of Zebedee and his brother John,  
who were in their boat mending  
the nets. Immediately he called  
them; and they left their father  
Zebedee in the boat with the  
hired men, and followed him.

## POST COMMUNION

God of peace,  
whose Son Jesus Christ  
proclaimed the kingdom  
and restored the broken to  
wholeness of life:  
look with compassion on the  
anguish of the world,  
and by your healing power  
make whole both people and  
nations;  
through our Lord and Saviour  
Jesus Christ.

